

30-DAY SPENDING TRACKER



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TRACK YOUR SPENDING

In preparation for attending the COMPASS True North Retreat, carry this tracker with you for 30 days and record everything you purchase during that time. That's right—EVERYTHING!

Note what you spend money on, how much you spend, how you pay for it, and what category of spending you consider that item to be. Record every penny that leaves your pocket, wallet, or bank account.

If you are married, be sure to have your spouse track his or her own spending in a separate 30-Day Spending Tracker. Household bills such as electricity and rent should be recorded in only one of the trackers.

Remember to bring your completed 30-Day Spending Tracker(s) with you to the COMPASS True North Retreat, where you will be creating a personal financial budget and developing your COMPASS Journey Plan for the coming year.

www.COMPASSinitiative.org

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